

**A comparison for self-concept between kabbadi and Kho-Kho Players
in Nanded District**

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Self-concept is the total of an individual’s belief about his or her own personal attributes. Thus, self-concept is the set of ideas that a person has about himself. These ideas run through all his emotional experiences, habits, memories, trades and values. It referees to an attitudinal structure, which tends to be self-sustaining. An individual’s evaluation of self-concept as dominant or submissive, emotional or calm, social or exclusive will be dependent to some extent upon the group with which consciously or unconsciously he/she compares himself/herself. No one is born with a fully framed self-concept. It develops as we experience approval and criticism, success and failure. It goes with our family, our friends, our place in society, and out perception of the world around us, it is modified as our bodies mature and we evaluate our physical, social and emotional characteristics.

Statement of Research :-

A comparison for self-concept between kabbadi and Kho-Kho Players in Nanded District.

Objective of the study:-

To study for the comparison for self-concept between kabbadi and Kho-Kho Players in Nanded District.

Hypothesis :-

There will be no significant differences for self-concept between kabbadi and Kho-Kho Players in Nanded District.

Sample:

In this study consists 200 kabbadi and 200 Kho-Kho players in Nanded District.

Tools of the Study:

In this study used Rajkumar Sarswat questionnaire. This questionnaire provides social self-concept.

Statistical Process:

In this study was used Mean, SD and T-Ratio setup 0.05 level.

Table No. 1:

Social Self-Concept between kabbadi and Kho-Kho Players in Nanded District

Dimension	Players	Number	Mean	S.Ds	T-ratio
Social Self Concept	Kho-Kho	200	29.56	1.20	1.68 NS
	Kabbadi	200	29.86	3.43	

***Not Significant**

As per table 1 shows that the mean score, standard deviation and t-ratio of Development of social Self concept of Kho-Kho and Kabaddi Players

With regard to Development of Social Self concept of Kho-Kho and Kabaddi Players they have obtained the mean values of 30.23 and 29.32 respectively, which are given in table-4.2 reveals that the no significant difference was found out in ($t= 1.68$) Development of social Self concept of Kho-Kho and Kabaddi Players

Conclusion:

This may be due to the differences of playing attitude and different fitness back ground. In this study finally hypothesis was accepted.

References:

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